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# Me2 Chorus First Rehearsal Recap - Setting Culture and Music!

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Fri, Sep 12, 2025 at 11:38 AM

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Hi everyone,

Thank you so much for a wonderful first rehearsal! I'm following up with two items that we discussed on Wednesday night. Please take a minute to review them when you get a chance.

### **Setting the Culture of Me2 Chorus**

I wanted to summarize the meaningful discussion Sarah led on Wednesday around setting expectations for our time together. Below is a list of intentions that came up in our discussion. **Let's review them before our next rehearsal and keep them in mind throughout the season**. I think it will make our time together that much more meaningful.

## Together, we strive to:

- · Create a place of joy, hopefulness, patience, and acceptance
- · Bring hope to others
- · Trust the process
- Assume positive intent
- Provide a safe space to process our emotions through music
- Support one another

#### Music

I will have printed copies of the music at the next rehearsal for those who want to use highlighters/pens, as well as more original copies. In the meantime, below you will find a link to PDFs of the music for the fall.

Fall 2025 Materials

If anyone needs anything before the next rehearsal, please reach out to me. Looking forward to next Wednesday!

Best, Caroline Wittschen Director of Operations, Me2 cwittschen@me2music.org

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